

1	As you reflect upon your life story, and the story you would like your children to tell about you one day. Is being a person of integrity very important to you? If it is, write down why. If it is not, write down why you believe integrity is not critical to your success.
2	Make a list of the areas of your personal life, business life and family life that lack integrity. Put emphasis on which, if any, lack the most integrity.

	Write down how lacking integrity has hampered or caused damage to your personal business and family relationships.
_	caused damage in your personal, business and family life and begin to develop a life of integrity.